

GARY JACOB, DC, LAc, MPH

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CURRICULUM VITAE

04/26

Education

- 2003 - MPH: Master of Public Health, Community Health Education and Promotion: UCLA
- 1991 - DipMDT: Diploma in Mechanical Diagnosis and Therapy, McKenzie Institute Int'l; Wellington, NZ
- 1983 - DOM: Doctor of Oriental Medicine: California Acupuncture College, Westwood, California
- 1981 - Certificate of Graduation: California Acupuncture College; Westwood, California
- 1978 - DC: Doctor of Chiropractic: Los Angeles College of Chiropractic; Glendale, California
- 1974 - B.A.: Philosophy of Science: State University of New York (SUNY) at Binghamton

Licenses

- 1994 - Chiropractic, Hawaii License #661; inactive
- 1981 - LAc: Acupuncture, California License #AC1288
- 1979 - Chiropractic, California License #12432
- 1979 - Chiropractic, New York License #X2269; inactive

Certifications/Appointments

- 2025 - Qualified Medical Evaluator No. 208077; State of California; Department of Industrial relations;
- 2019 - MAP: Motivation Action Planning
- 2018 - Primary Spine Practitioner Certification; University of Pittsburgh
- 2011 - Progressive Goal Attainment Program (PGAP) Training
- 2002 - Certificate of Completion: Protecting Human Research Subjects in Social and Behavioral Research; UCLA
- 1997 - Certification: MedX Cervical and MedX Lumbar Spine
- 1991 - Certified Chiropractic Rehab Doctor, Chiropractic Rehabilitation Association
- 1991 - Diplomate in Acupuncture Orthopedics, National Board of Acupuncture Orthopedics
- 1990 - Authorization for Service as an Instructor/Administrator in Private Postsecondary Educational Institution; California Superintendent of Public Instruction, Certificate #83101

Research

- 2018-2019 - Research Adjunct; Topic Expert, Abstractor: Rand Corporation, Santa Monica; Chiropractic & Chronic Pain Study

Guidelines Delphi Panelist

- 2026 *in press* "Chiropractic Management Of Older Adult Patients With Musculoskeletal Pain:A Clinical practice Guideline"
- 2024 - "Chiropractic Management of Cervicogenic and Tension-Type Headaches in Adults: A Clinical practice Guideline;" <https://clinicalcompass.org/wp-content/uploads/2024/03/Recommendation-statements.pdf>
- 2023 - "Best Practices for Chiropractic Management of Adult Patients With Mechanical Low Back Pain: A Clinical Practice Guideline for Chiropractors in the United States;" Whalen, et al, JMPT, October 2022
- 2021 - "Role of Chiropractic in Health Promotion and Prevention for Adults with Musculoskeletal Pain: A Clinical Practice Guideline;" Hawk, et al The Journal of Alternative and Complementary Medicine, July 2021

Publications

- 2027 *in press* Diagnostic Question #2. Pain Generators. Chapter in: Murphy DR, Jacob GA. Clinical Reasoning in Spine Pain Volume I: Primary Management of Low Back Disorders With the CRISP® Principles. Elsevier, 2027
- 2027 *in press* Diagnostic Question #2. Pain Generators. Chapter in: Murphy DR, Jacob GA. Clinical Reasoning in Spine Pain Volume II: Primary Management of Cervical Disorders With the CRISP® Principles. Elsevier, 2027
- 2021 - coauthor: Back Pain: Chiropractor's View. In: Cheng, B.C. (eds) Handbook of Spine Technology. Springer, Cham.
- 2019 - coauthor: Researching the Appropriateness of Care in the Complementary and Integrative Health Professions: Using Patient Records; J Manipulative Physiol Ther. 2019 Jun;42(5):327-334
- 2016 - "The End Range Loading Examination to Identify Disc Derangement" Chapter in: Murphy DR. Clinical Reasoning in Spine Pain Volume II: Primary Management of Cervical Disorders Using the CRISP Protocols.
- 2013 - "The End Range Loading Examination to Identify Disc Derangement" Chapter in: Murphy DR. Clinical Reasoning in Spine Pain Volume I: Primary Management of Low Back Disorders Using the CRISP Protocols.
- 2008 - "A Guide to Acupuncture Guidelines," Occ Med Clinical Care Update; 2008 Vol. 15, No. 9
- 2007 - "The Song the Subluxation Sings," Intl Journal of Mechanical Diagnosis and Therapy; 2007 Vol. 2, No. 3
- 2007 - "McKenzie Spinal Rehab," Chapter: Rehabilitation of the Spine, 2nd ed, Liebenson, ed, Williams & Wilkins
- 2006 - coauthor, "McKenzie Treatment Protocols for Low Back Syndromes," Chapter in Conservative Mgmt. of Low Back Syndromes, Morris, ed., McGraw Hill
- 2003 - "Biopsychosocial perspective on low back pain: patient provider communication," Journal of Minimally Invasive Spinal Technique, Spring 2003, Volume 3, Number 1
- 2001 - Spine Line; Clinical Corner column; McKenzie Institute U.S.A.
- 2000 - Patient Management and Leadership Decision Making re Spinal Problems, McKenzie Journal, vol. 8, #1
- 1999 - coauthor: "Spinal Disorders: Tools to Address Diagnostic and Treatment Problems; Consultant; July
- 1999 - coauthor: "Mechanical Diagnosis and Therapy: McKenzie Approach to Spinal Complaints; Consultant; July
- 1999 - "Evaluating the Patient Using the McKenzie Approach," Chapter in Spinal Rehabilitation, David Stude, ed., Appleton and Lange, Stamford Conn., 1999
- 1997 - "Myths and Facts About the Spine," The City of Santa Monica Risk Reporter, Fall/Winter 1997
- 1997 - "Rehabilitating Chiropractic," Rehab Management, V 10, Number 6
- 1997 - "Chiropractic Contains the Secrets of Rehabilitation," Today's Chiropractic, V 26, Number 4
- 1996 - "Spinal Therapeutics Based on Responses to Loading," in Rehab of the Spine, Liebenson, ed., Williams & Wilkins
- 1994 - Activity Training Bar Booklet, O.P.T.P., Minneapolis, MN
- 1992 - "The Demands of Rehabilitation," Today's Chiropractic, Vol. 21, No. 3
- 1992 - "Chiropractics-Get the Monkey Off Your Back," Public Risk, Vol. 6, No. 5, May/June 1992
- 1991 - "McKenzie & the Demands of Rehab," Calif. Chiropractic Association Journal, V 16, No. 10, October 1991
- 1991 - "New Meanings for TTD," Rehab News, October
- 1991 - "10 Ways to Keep an Injured Worker from Recovering," Rehab News, October
- 1991 - "Providing Rehabilitation Services in an Ethical Manner," Rehab News, July
- 1991 - "The McKenzie Protocol and the Demands of Rehabilitation," Rehab News, April
- 1991 - "Interview with Robin McKenzie" California Chiropractic Association Journal, Vol. 16, No. 7, July
- 1991 - "Work Conditioning Guidelines," Rehabilitation Guidelines, CRA, page 33.
- 1989-90 - "Application of Movement and Positioning Technique to the Lumbar Spine, Today's Chiropractic, V 18-19

Current Faculty Positions

- 2016-present - Clinical Professor, Southern California University of Health Sciences

Past Faculty Positions

- 1990-2025 - Doctoral Program Faculty Emperor's College of Oriental Medicine, Santa Monica, California
- 1991-2016 - McKenzie Institute International, Wellington, New Zealand; Faculty
- 2013-2015 - Doctoral Program Faculty, Yo San University of Traditional Chinese Medicine
- 2006-2010 - National University of Health Sciences; Post-graduate Division Faculty
- 1996-2009 - Canadian Memorial Chiropractic College; Postgraduate Division, Toronto, Ontario, Canada
- 1996-2006 - Texas Chiropractic College; Postgraduate Division, Pasadena, Texas
- 1998-2004 - Western States Chiropractic College; Postgraduate Division; Portland, Oregon
- 1994-2002 - Northwestern College of Chiropractic; Postgraduate Division, Bloomington, Minnesota
- 1998-2001 - Volunteer Community Faculty; Complementary Medicine; SM-UCLA Family Practice Residency Program
- 1998-2001 - Supervising Doctor; Southern California University of Health Sciences, Clinical Internship Division
- 1992-2000 - New York College of Chiropractic, Postgraduate Division, Seneca, New York

Past Advisory/Administrative Positions

- 2007-2016 - *The Chiropractic Report*, Editorial Board
- 2007-2008 - *Triad Healthcare*; Medical Quality Improvement Committee
- 2005 - *Medical Disability Advisor; Fifth Edition*; Medical Advisory Board: Reviewer
- 2004-2011 - *State Comp Insurance Fund*; Chiropractic & Acupuncture Health Care Consultant
- 2002-2007 - *Mitchell Medical*; Medical Advisory Board
- 2001 - *Journal of Minimally Invasive Spinal Technique*; Contributing Editor
- 2001 - *Medical Disability Advisor Fourth Edition*; Medical Advisory Board: Reviewer
- 1998-2000 - Board of Directors, Association of Forensic and Industrial Chiropractic Consultants
- 1996-97 - Quality Review Panel, California State Board of Chiropractic Examiners
- 1994-97 - Examination Commissioner, California Board of Chiropractic Examiners
- 1994-96 - Examiner McKenzie Credentialing Exams, McKenzie Institute International, Written & Practical
- 1994-95 - Examiner, California State Board, Chiropractic Examiner, Physical Therapy & Adjusting Technique
- 1994 - President's Advisory Committee, Los Angeles College of Chiropractic
- 1992-93 - Ethics Committee, Region 6, California Chiropractic Association
- 1990-1996 - *Isokinetic Science and Exercise*, Butterworth's; Editorial Board
- 1989-93 - California Clinical Board Member & Instructional Board Member, Chiropractic Rehabilitation Association
- 1989-90 - Chair, Dept of Physical Medicine, Emperor's College Traditional Oriental Medicine, Santa Monica, Ca
- 1984; 86 - Examiner, Acupuncture Examining Committee, State of California Board of Medical Quality Assurance
- 1981-83 - Chair, Curriculum Committee, California Acupuncture College, Westwood, California
- 1980-83 - Academic Dean, California Acupuncture College, Westwood, California

Membership Professional Organizations

Cal Chiro; *Member*

Delta Omega Iota Chapter, *Honorary Public Health Society; Elected Enrollee*

Southern California University of Health Sciences; Alumni Association, *Lifetime Member*

UCLA School of Public Health Alumni Association, *Lifetime Member*